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Organic Body Care Recipes by Stephanie Tourles is one book  
that I turn to often for some fantastic simple facial care and body  
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Organic Skin and Body Care Tips by Stephanie Tourles

Stephanie L. Tourles is the author of Pure Skin Care and Stephanie Tourles's Essential Oils: A Beginner's Guide, as well as the best-selling Organic Body Care Recipes, Hands-On Healing Remedies, and Raw Energy. As a licensed holistic esthetician with a strong background in Western and Ayurvedic herbalism, she has been practicing and teaching healthy living for more than 25 years.

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For the beginning to intermediate body care product crafter, Organic Body Care Recipes is a must-have for your personal library. This 378-page book includes valuable introductory information, relevant facts and tips, an ingredient dictionary, and as the book title implies, a large selection of recipes.

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Nights And Weekends - Organic Body Care Recipes Review  
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Each formula is clearly presented in recipe style, with notes on prep time, storage, and uses. Many products can be customized according to personal needs, whim, or mood, and they all use readily available, natural ingredients. Organic Body Care Recipes is a natural treasure for every body.

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Organic Body Care Recipes by Stephanie Tourles

A fun collection of body care recipes for total body pampering. I love the fact that these can be made with easy-to-find organic ingredients, and are not too complicated. We used some of the recipes in a recent girlfriends' get-together, and had a fabulous time making wonderful face cleansing creams, masks and scrubs that worked great, and looked so pretty in our little decorated jars and tins.

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About Stephanie Tourles | Herbal Skin and Body Care Expert  
Now I make my own beauty and personal care products, and you can too. I've rounded up the BEST 100+ DIY recipes for make-up, moisturizers, body scrubs, lip balms, sunscreens and much more. I've even got a fun section for (ahem) natural sensual products.

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About the author Stephanie Tourles is a licensed holistic  
aesthetician in both Massachusetts and Maine, ...

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Stephanie Tourles, author of The Herbal Body Book, A Spa of Your Own, and Naturally Healthy Skin, has graced our shelves with yet another of her wonderful books. Organic Body Care Recipes features a whopping 175 recipes for all natural skin care. There is a great variety of recipes including cleansers, toners, serums, body oils, bath recipes, scrubs, and more.

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Stephanie Tourles, licensed esthetician and holistic skin care specialist, shows consumers how to achieve the best results for their individual needs through the use of natural products and healthy lifestyle choices in her book, Organic Body Care Recipes.

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