

The Grapplers Handbook Vol 1 Gi And No Gi

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In *The Grappler's Handbook Vol. 2*, Jean Jacques Machado and co-author Jay Zeballos teach you how to strengthen your defensive tactics by: defending from the bottom position, protecting your head and neck properly, defending against back control, perfecting techniques to improve your grappling game, defending from and against the guard, enhancing your attack strategy and more.

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The Grappler's Handbook Vol. 2: Tactics For Defense

The Grapplers received an entry in the appendix of the first volume of the Official Handbook of the Marvel Universe, and a full team entry in volume two including Titania, Poundcakes, Screaming Mimi, Letha, Auntie Freeze, Battleaxe, Sushi, Butterball, Vavavoom, Magilla, Cowgirl, and Gladiatrix.

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