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"The Mind of the
Leader has captured
some of the essentials
of leadership in the
twenty-first century:
being mindful, selfless,
and compassionate.
With these, we are
better able to engage
our people and we
bring more value to our

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Lead Yourself
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They need to develop
managers and
executives who lead
with three core mental
qualities: mindfulness,
selflessness, and
compassion. Using real-
world inspirational
examples from
Marriott, Accenture,
McKinsey & Company,
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more, The Mind of the Leader shows how this new kind of leadership turns conventional leadership thinking ...

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But more than a description of the problem, The Mind of the Leader offers a radical, yet practical, solution. To solve the leadership crisis, organizations need to put people at the

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center of their strategy. They need to develop managers and executives who lead with three core mental qualities: mindfulness, selflessness, and compassion.

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The Mind of the Leader has captured the essentials of leadership in the 21st century: being mindful, selfless

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clients.

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Rasmus Hougaard ...*

The Mind of a Leader.

The psychology of
leadership is changing.

Today's organizations
want leaders who
coach rather than
control, who give

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counsel, not
commands. To teach
these skills to students,
educators are delving
into the minds of
effective leaders to
discover just what
makes them tick.

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In their new book, *The
Mind of the Leader:
How to Lead Yourself,
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Extraordinary Results,
Rasmus Hougaard and
Jacqueline Carter
propose that the world
of that axiom can be
reached. Making that
journey requires
leaders to be mindful,
selfless and
compassionate - three
adjectives that are not
usually associated with
leadership.

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"The Mind of the Leader has captured some of the essentials of leadership in the twenty-first century: being mindful, selfless, and compassionate. With these, we are better able to engage our people and we bring more value to our clients."

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solution. To solve the leadership crisis, organizations need to put people at the center of their strategy. They need to develop managers and executives who lead with three core mental qualities: mindfulness, selflessness, and compassion.

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Leader provides tools for leaders to put people first. It provides a logical journey, starting with understanding the mind and then cultivating qualities to enhance presence, engagement, collaboration, and performance.”

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Leader How To
is the result of years of
research including
interviews of 250 C-
suite executives,
assessment of 35,000
leaders and a thorough
review of the existing
research on
leadership....

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The Mind of the Leader
is a well-crafted book
for leaders of all levels
(skill, tenure,

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disciplines) to enhance their leadership abilities through improved behavior. As a non-profit executive and a college-level educator, I thought this could be a useful book for work and for instruction.

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compassion may sound

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a bit touchy-feely, but the best leaders also add “steely” to the mix. Ultimately, it’s about finding a balance that delivers “truly human leadership,” Houggaard reflects, in this audio clip from our Expert Interview podcast.

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Yourself, Your People ...*
The Mind of The Leader
is the result of years of

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research including interviews of 250 C-suite executives, assessment of 35,000 leaders and a thorough review of the existing research on leadership. In short, it presents cutting edges insight to how you lead yourself, your people and your organization for extraordinary results.

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Great leaders possess dazzling social intelligence, a zest for change, and above all, the ability to set their sights on the things that truly merit attention.

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In the Mind of a Leader, participants will have the opportunity to actively participate in a number of experiential

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activities that bring
emotional resiliency to
life.

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Emotional resiliency is
the ability to adapt to
stressful situations and
relationships in the
workplace. It's nearly
impossible to talk
about challenges in our
world today without
hearing the word

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"stress" repeated
again and again.

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The Mind of the Leader
is one of the best
things I've read on the
increasingly popular
topic of mindfulness in
business. I especially
like how the authors
move quickly through
the how-to's for
mindfulness meditation
and get to the how-to's
for applying

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